



NOTE TO DANCE WITH ME AND PRESCHOOL FAMILIES

Welcome, we are all so happy to have you and your children as members of our Center Stage Dance family.

HERE ARE SOME HELPFUL HINTS

Don't be late! Being rushed to a new place with new people can cause anxiety. Please walk your child to the front door where the teacher will greet you. Our children feel what we feel. If you are stressed or anxious they will be too.



- Have your child use the bathroom before arriving at the studio.
- Do not leave your preschool child alone at the studio. If your child needs to use the bathroom we will come get you. Teachers and assistants are not permitted to assist with bathroom visits.



- We now have an open viewing policy on zoom for all classes!
- If your child is not participating don't be discouraged. All children learn at different levels. Some participate right off while others like to observe first.
- At the end of class, parent pickup is at the back door of the studio.

Dance With Me

Our Dance with Me class focuses on teaching a child how to be in a learning environment through guided creative movement while giving the parent and child quality time of learning together. It is very important that adult participants stay "present" during the entire class.



CURRICULUM FOR THE YEAR

Preschool Classes

In the preschool class your child will learn basic creative movement and dance skills such as tempo, parts of the body, direction changes, hopping, skipping, increased coordination, free movement, patience, being a leader and a follower, manners, taking turns, transitions, singing and expression.

MORE HELPFUL HINTS

It is more beneficial to have a child start in a class that we feel is appropriate for them. If they show boredom or need to have more of a challenge, we will move them up to the next level. It is better to move a child up and not back. This gives them a positive feeling.

Don't be overly concerned if your child has a "set back", decides they no longer want to enter the studio or cries and clings when they never did before. This behavior is all within the realm of normal. Be patient and discuss with the teacher. More often than not, this behavior disappears as quickly as it started.



Sometimes high expectations and comparisons can add a lot of pressure for little ones. Be realistic about your child's progress and realize that we all learn at different paces and have particular strengths. Be proud and supportive of all accomplishments because your child is amazing in their own special way. Positive reinforcement and encouragement help children feel more confident, and in turn are more willing to learn new steps and enter new environments.

We as a studio are eager to provide the best early dance education possible for our dance family. Children aren't little forever and in this short time we hope you both have a wonderful dance experience that will be cherished for years to come. Thank you for participating in our Preschool Program.